

**Please make Reservations /  
Cancellations at least two days in advance.**

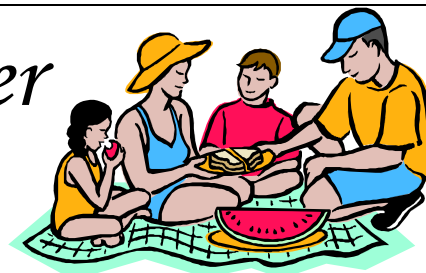
Bountiful - Golden Years - 295-3479

Kaysville - Autumn Glow - 544-1235

Clearfield - Heritage Center - 773-7065

***Lunch served at 11:30. Donation of \$2.50 requested***

*September  
2006*



**Fri, Sept 1**  
Creamy Paprika Chicken /  
Pasta / Peas / Corn / Fresh  
Fruit / Bread / Milk

**Mon, Sept 4**

*Labor Day*

**Centers Closed**

**Tues, Sept 5**

Tuna Salad Sandwich  
Lettuce / Tomato / 3-Bean  
Salad / Fruit Cocktail  
Pudding / Whole Wheat  
Bread / Milk

**Wed, Sept 6**

Turkey with Gravy  
Whipped Potatoes / Cheesy  
Cauliflower / Stewed  
Tomatoes / Whole Wheat  
Bread / Mandarin Oranges  
Milk

**Thurs, Sept 7**

Roast Beef with Gravy  
Red Potatoes / Brussels  
Sprouts / Corn / Whole  
Wheat Bread / Cookie  
Milk

**Fri, Sept 8**

Sloppy Joe / Mixed Fruit  
Tossed Salad with  
Dressing Bun / Apple Crisp  
/ Milk DB – Canned Fruit

**Mon, Sept 11**

Meatloaf with Gravy  
Whipped Potatoes  
Broccoli / Tropical Fruit  
Whole Wheat Bread  
Cookie / Milk

**Tues, Sept 12**

Chef Salad with Dressing  
Fresh Fruit / Dinner Roll  
Pudding / Milk

**Wed, Sept 13**

Chicken Noodle Dish  
Shredded Cheese /  
Broccoli Salad / Carrot /  
Jello Fruit Salad / Whole  
Wheat Bread Milk

**Thurs, Sept 14**

BBQ Rib Patty / Baked  
Beans / Cole Slaw / Bun  
Cookie / Milk

**Fri, Sept 15**

Chicken Parmesan / Pasta  
Carrot Raisin Salad / Pears  
Whole Wheat Bread  
Pudding / Milk

**Mon, Sept 18**

Salisbury Steak / Whipped  
Potatoes with Gravy  
Fiesta Vegetables / Fresh  
Fruit / Bread / Cookie  
Milk

**Tues, Sept 19**

Cheeseburger / Lettuce  
Tomato / Green Bean &  
Tomato Salad / Pineapple  
Bun / Pudding / Milk

**Wed, Sept 20**

Ham / Macaroni & Cheese  
Peas / Pears / Whole Wheat  
Bread / Cookie / Milk

**Thurs, Sept 21**

Meat Sauce / Spaghetti  
Parmesan Cheese / Carrots  
Tossed Salad with Dressing  
Bread Stick / Pudding  
Milk

**Fri, Sept 22**

Chicken Salad / Lettuce  
Tomato / Pasta Salad  
Mandarin Oranges / Bread  
Cookie / Milk

**Mon, Sept 25**

Chicken Marsala / Pasta  
Peaches / Spinach / Whole  
Wheat Bread / Pudding  
Milk

**Tues, Sept 26**

Honey Glazed Pork / Hash  
Brown Casserole / Tossed  
Salad with Dressing  
Stewed Tomatoes / Whole  
What Bread / Cookie /  
Milk

**Wed, Sept 27**

Turkey & Cheese / Lettuce  
Tomato / Potato Salad  
Applesauce / Bread / Jello  
Fruit Salad / Milk

**Thurs, Sept 28**

Roast Beef Au Jus Macaroni  
Salad / Pears Hoagie /  
Pudding / Milk

**Fri, Sept 29**

BBQ Chicken Breast /  
Corn Salad / Fresh Fruit /  
Bun Milk / Cake (MOW)  
Ice Cream (Cong)  
DB – Unfrosted Cake